

At Sanborn Mills Farm, preserving the past and planning for the future go hand in hand!

## Sanborn Mills Farm



## July 2016 eNews

[www.sanbornmills.org](http://www.sanbornmills.org)

### It's all about knowing . . .

#### A snapshot of our July "Working Cattle on the Farm & in the Garden" workshop

It is said that a well-trained ox is a "knowing" ox. This doesn't just mean that the ox knows how to pull a cart, a plow, a cultivator, or a log. A working animal senses your skill and your confidence - in essence a "knowing" ox knows how much YOU know!

Back in the day - before the invention of the combustible engine and hydraulic lifts - draft animals supplied the power needed to move and carry anything a person could not. These days, fewer and fewer people work with oxen and draft horses, so even fewer people have the chance to grow up around them.



*Ray Ramsay of Pittsfield, NH with Bow & Arrow hauling hay.*



*Karen Butler of Keymar, MD with Mike & Jake hauling wood slabs.*

The draft animal workshops at Sanborn Mills are one of the few places in the country where you can learn how to work safely & effectively with large animals from instructors who are deeply rooted in the tradition.

If you want to know more about this important heritage [click here](#) to sign up for the Oxen Basics workshop Oct 15 & 16. Space is still available!

## **It's the height of growing season!** Got pests & maybe a few other problems?

Growing food is a constant negotiation with bugs, disease, and critters. For a farmer or home gardener, it seems the challenges start as soon as you put a seed in the soil and they just don't let up until the first hard frost.

Many experienced gardeners get to know the life cycles of pests and when to expect trouble with diseases, fungus, and blights. For those who could use a little help, UNH Cooperative Extension Services has Education & Information Centers around the state that provide all kinds of help. [Click here](#) for more info.

[Click here](#) for a handy pest calendar and some solutions offered by our good neighbors at MOGFA (Maine Organic Farmer & Gardeners Association).

Do you have 4-legged problems too? There are lots of ideas on how to control moles, voles, mice, and the really big eaters - woodchucks. [Havahart traps](#) seem to be popular!



*Karen, Natalie & Tyler in the Teaching Garden.*

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## Feel like trying out your hand at forging?

Our blacksmithing workshops are more popular than ever. Give us a call or visit our website if you want to sign up! We have a couple of spaces left in the [Open Forge](#) session on July 31 and one in [Blacksmithing Basics](#) Aug 26-28.



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## Is it too early to start thinking about putting up wood for the winter?

Let's all keep enjoying the summer, but we'd like to let you know Sanborn Mills Farm is now selling clean, dry cord wood. Free delivery in Loudon! [Click here](#) for more info.



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A traditional New Hampshire farm and nonprofit organization dedicated to sustainability, creativity, and preserving folklife skills and agricultural knowledge so that the best of the past can help shape our future.

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